SOLUM SPA

BY

TREATMENT ROOM

ESSENTIAL CARE

072 725 6992

MASSAGES

HAND OR FOOT 30MIN				**R440**
HEAD MASSAGE 20MIN | 30 MIN				**R285 | R345**
FACIAL MASSAGE 30MIN				**R455**
LIFTING FACIAL MASSAGE 60MIN				**R680**
	30MIN	45MIN	60MIN	90MIN
BACK MASSAGE	**R450**	**R550**	**R690**	**R1030**
HALF BODY		**R630**	**R745**	**R1085**
FULL BODY		**R690**	**R800**	**R1095**
COUPLES MASSAGE		**R1280**	**R1510**	**R2190**

Choose: Hot stone, African rungu, relaxing, deep tissue, swedish or aroma.

CUPPING

CHOOSE YOUR AREA AND TIME	**R560**	**R680**	**R760**

Add 15% to any treatment should you want vigorous cupping.

HANDS

STANDARD MANICURE	30MIN	**R345**
SOLUM MANICURE (PAINT)	45MIN	**R450**
SOLUM MANICURE (GEL)	90MIN	**R565**
GEL OVERLAY	60-90MIN	**R400**
ACRYLIC | GEL SOAK-OFF	45-60MIN | 30MIN	**R200 | R100**

FEET

SORE FEET TREATMENT	30MIN	**R530**
HEEL PEEL PEDI	45MIN	**R515**
SOLUM PEDICURE (PAINT)	60MIN	**R400**
SOLUM PEDICURE (GEL)	90MIN	**R495**

KALAHARI® FACIALS

BARRIER REPAIR TREATMENT	20MIN	**R400**
ANTI-OXIDANT FACIAL	60MIN	**R790**
DEEP CLEANSE FACIAL	45MIN | 60MIN	**R570 | R680**
HYDRATING SENSITIVE SKIN FACIAL	60MIN	**R790**
ACNE CONGESTED FACIAL	90MIN	**R865**
HYDRA FACIAL	90MIN	**R1045**
LAMELLE® ALCHEMY FACIAL	90MIN	**R1200**

See Lamelle® price list menu for microneedling and skin peels.

"YOUR SKIN" FACIAL	45MIN	**R795**

Our Essential Care Menu is designed for clients who prefer treatments without the essential oil and medicinal elements— focusing on simplicity, and comfort. This allows you to choose the experience that best suits your preferences, needs, and budget, without compromising professional care.

WELLNESS PACKAGES

PACKAGE A	2 HOURS	**R1350**
• FULL BODY EXFOLIATION		
• FULL BODY MASSAGE		
• SPA FOOT TREATMENT		
PACKAGE B	3 HOURS	**R2405**
• BODY SCRUB		
• BODY WRAP OF YOUR CHOICE		
• BODY MASSAGE		
PREGNANT MAMMA	1.5 HOURS	**R1695**
• FOOT TREATMENT		
• RELAXING HEAD MASSAGE		
• 45 MIN BACK MASSAGE		
PETITE SPA PACKAGE	1 HOUR	**R905**
• 30 MIN BACK MASSAGE		
• SPA FOOT TREATMENT		
• RELAXING HEAD MASSAGE		
PARASITE CLEANSE & DETOX	2 HOURS	**R2150**
• 15 MIN HEAD MASSAGE		
• RIFE THERAPY		
• 60 MIN FULL BODY MASSAGE		
• INFRARED SAUNA OR RED LIGHT THERAPY		
BURNOUT & MENTAL CLARITY	1 HOUR	**R1140**
• 20 MIN HEAD MASSAGE		
• RIFE THERAPY		
• RED LIGHT THERAPY		
• 45 MIN BACK MASSAGE		

BODY REJUVENATION

EXFOLIATING COCO-SUGAR FULL-BODY SCRUB 30MIN	**R340**
BODY BRUSHING 20-30MIN	**R320**
SOLUMM BODY WRAP	**R570**

LYMPH STIMULATION DETOX AND CELLULITE PACKAGES

PACKAGE 01 **R3275**
6 sessions of G5 or cupping, or combination thereof, with lymph oil and infrared.

PACKAGE 02 **R4450**
6 sessions of fat trimmer & G5 or cupping, or combination thereof, with lymph oil and infrared.

PACKAGE 02 **R7905**
12 sessions of fat trimmer & G5 or cupping, or combination thereof, with lymph oil and infrared.

These are 45MIN sessions and we suggest working 10MIN per area. Choose your areas: stomach, back, arms, back of legs, bum, thighs, front of legs.

WAX

LIP/CHIN/BROW	**R90**
FULL FACE	**R350**
UNDERARM	**R185**
FULL | HALF ARM	**R275 | R200**
FULL | HALF LEG	**R400 | R285**
BIKINI	**R285**
HOLLYWOOD	**R510**
BRAZILLIAN	**R360**
NUDE BRAZILLIAN (FRONT OFF)	**R450**

BROWS & LASHES

BROW SHAPE (WAX)	**R90**
BROW/LASH TINT	**R90**
BROW LAMINATION (WAX AND TINT INCL)	**R495**
LASH LIFT (TINT INCL)	**R560**
HENNA BROWS	**R290**